

 February 2024 Cotton Mill & Seaway Suites 						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10:00 Colour My World 1 2:00 Cards 6:00 Chair Badminton 	10:00 Bible Study 2 10:00 Groundhog Day 2:00 BINGO  National Wear RED Day Groundhog Day	10:00 Art Attack 3 2:00 Love Advice 6:00 Name that Tune  Songs of the Heart Saturday
10:00 Spiritual Corner 4 2:00 Famous Couples Matching Game 6:00 Movie Night 	10:00 Manicures 5 2:00 BINGO  	10:00 Knitting Group 6 2:00 How It's Made: Maple Syrup 6:00 Art Attack: Valentine's Cards  Canadian Maple Syrup Day	10:00 Book Club 7 2:00 Spencer Performs  6:00 Let's Laugh 	10:00 No Sew Valentine's Day 8 2:00 Cards 6:00 Balloon Toss 	10:00 Bible Study 9 2:00 BINGO 6:00 1:1 Visits 	10:00 Flower Arranging 10 2:00 Celebrating the Chinese New Year  Chinese New Year
10:00 Spiritual Corner 11 2:00 Pet Therapy 2:00 Super Bowl Sunday   Super Bowl Sunday	10:00 Manicures 12 2:00 Residents' Council Meeting 6:00 Baking: Valentine's Cookies 	10:00 Knitting Group 13 2:00 How It's Made: Chocolate 6:00 Ring Toss   Shrove Tuesday	10:00 Book Club 14 12:00 Sweethearts Luncheon 2:00 Cookie Decorating  6:00 Travelling Trivia  Valentine's Day	10:00 Bowling 15 2:00 Calendar Planning 2:00 Cards 6:00 Monthly Activity Booklets 	10:00 Bible Study 16 2:00 BINGO  	10:00 Drummer-cise 17 2:00 Men's Club 6:00 Nature Night 
10:00 Spiritual Corner 18 2:00 Trivia 6:00 Cards  Daytona 500	10:00 Manicures 19 2:00 BINGO 5:45 Chair Yoga  Family Day	10:00 Knitting Group 20 10:00 Clay Sculpting 2:00 Jumpin' Jimmy Performs 6:00 Move to the Music 	10:00 Book Club 21 2:00 Arm Chair Travel: Poland 6:00 Balloon Toss 	10:00 Montessori 22 2:00 Manicures & Margaritas 2:00 Cards 6:00 1:1 Visits  National Margarita Day	10:00 Bible Study 23 2:00 BINGO 5:00 Supper Club 	10:00 The Price Is Right 24 2:00 Afternoon Tea 5:45 Drummer-cise 
10:00 Spiritual Corner 25 2:00 Board Games 6:00 Trivia Night 	10:00 Manicures 26 2:00 BINGO 5:45 Chair Yoga 	10:00 Knitting Group 27 2:00 Music & Movement 2:00 Paint Afternoon 6:00 Badminton 	10:00 Book Club 28 10:30 Fountaingate Service 2:00 Word Games 6:00 Match Game  Pink Shirt Day	10:00 Trivia: Leap Year 29 2:00 Cards 5:45 Fun & Games 		

February 2024

Trillium & Highland Suites



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10:00 Balloon Toss 2:00 Cards 6:00 Chair Badminton 	10:00 Bible Study 10:00 Groundhog Day 2:00 BINGO  National Wear RED Day Groundhog Day	10:00 Art Attack 2:00 Love Advice 6:00 Name that Tune  Songs of the Heart Saturday
10:00 Spiritual Corner 2:00 Famous Couples Matching Game 6:00 Movie Night 	10:00 Manicures 2:00 BINGO  	10:00 Knitting Group 2:00 How It's Made: Maple Syrup 6:00 Art Attack: Valentine's Cards  Canadian Maple Syrup Day	10:00 Book Club 10:00 Pet Visits with Sandra 2:00 Spencer Performs 6:00 Let's Laugh 	10:00 No Sew Valentine's Day Pillow 2:00 Cards 6:00 Balloon Toss 	10:00 Bible Study 2:00 BINGO 6:00 1:1 Visits 	10:00 Flower Arranging 2:00 Celebrating the Chinese New Year  Chinese New Year
10:00 Spiritual Corner 2:00 Pet Therapy 2:00 Super Bowl Sunday   Super Bowl Sunday	10:00 Manicures 2:00 Residents' Council Meeting 6:00 Baking: Valentine's Cookies 	10:00 Knitting Group 2:00 How It's Made: Chocolate 6:00 Ring Toss  Shrove Tuesday	10:00 Book Club 10:00 Pet Visits 12:00 Sweethearts Luncheon 2:00 Cookie Decorating 6:00 Travelling Trivia   Valentine's Day	10:00 Bowling 2:00 Calendar Planning 2:00 Cards 6:00 Monthly Activity Booklets 	10:00 Bible Study 2:00 BINGO 	10:00 Drummer-cise 2:00 Men's Club 6:00 Nature Night 
10:00 Spiritual Corner 2:00 Trivia 6:00 Cards   Daytona 500	10:00 Manicures 2:00 BINGO 5:45 Chair Yoga  Family Day	10:00 Knitting Group 2:00 Jumpin' Jimmy Performs 6:00 Move to the Music 	10:00 Book Club 10:00 Pet Visits 2:00 Arm Chair Travel: Poland 6:00 Balloon Toss 	10:00 Montessori 2:00 Manicures & Margaritas 2:00 Cards 6:00 1:1 Visits   National Margarita Day	10:00 Bible Study 2:00 BINGO 5:00 Supper Club 	10:00 The Price Is Right 2:00 Afternoon Tea 5:45 Drummer-cise 
10:00 Spiritual Corner 2:00 Word Games 6:00 Trivia Night 	10:00 Manicures 2:00 BINGO 5:45 Chair Yoga  	10:00 Knitting Group 2:00 Paint Afternoon 6:00 Badminton 	10:00 Book Club 10:00 Pet Visits 10:30 Fountaingate Service 2:00 Photo Booth 6:00 Match Game  Pink Shirt Day	10:00 Trivia: Leap Year 2:00 Cards 5:45 Fun & Games 		

