

DECEMBER 2023



The Golden Star

12 DAYS OF CHRISTMAS SPIRIT



Friday December 1st

Grinch Day - "His Heart Grew Three Sizes that Day" - Wear Grinch Attire or Green & Red
In the Spirit of the Season, please support our Residents' Council & bring a donation for the Agape Centre Food Bank Drive. The Grinch will also be on site collecting toy donations!



Friday December 8th

Candy Cane Day - Red & White, Candy Canes...



Monday December 11th

Frosty the Snowman Day - Blue, White, Silver, Snowflakes or Snowmen...

Tuesday December 12th

Tree Topper Tuesday - Festive Hats & Headbands

Wednesday December 13th

Christmas Movie Day - Wear something from your favourite movie...be creative!

Thursday December 14th

Christmas Vacation - Hawaiian Luau & Christmas Theme

Friday December 15th

Ugly Sweater Day

Monday December 18th

Christmas Ties

Tuesday December 19th

Light It Up! - Wear anything that lights up (Shirt, Necklace, Earrings...)

Wednesday December 20th

Mid Week Mad About Christmas Plaid!

Thursday December 21st

Christmas Socks

Friday December 22nd

'Twas the Night Before Christmas - Christmas Pajamas!
& A Special Christmas Breakfast

It's Party time

Resident Christmas Parties Schedule

Family & Friends are invited to stop in and enjoy a visit, drink & snack with their loved ones. We will also provide opportunities for family photos.

**Treehaven
(First Floor)
Saturday December 9th @ 2:00**

**Highland & Trillium
(Second Floor)
Saturday December 16th @ 2:00**

**Seaway & Cotton Mill
(Third Floor)
Sunday December 17th @ 2:00**

Please RSVP to Ashley Mark
Director of Life Enrichment Ext. 1009
amark@southbridgecare.com

800 Nick Kaneb Drive, Cornwall, ON K6H 0G4 613-938-9565

www.southbridgecornwall.com

Christmas Gifts



Our home will be preparing Christmas Wish Lists with our residents, if families would like some assistance with gift ideas for their loved ones, please reach out to a member of the Activity Department.

If your gift requires labelling, we ask that your gift is placed in the beige bin located behind the reception area on or before **Monday December 11th**. Special red tags will be available to indicate gift items. Gifts will be labelled and available for pick up **Monday December 18th**. Please ensure that the proper procedure for labelling is followed for any gifts not labelled beforehand.

December would also be a great opportunity to thin out any seasonal clothing and items not being used by your loved one.



Labelling Process

Please use the beige bin with brown lid located in the left corner behind the reception desk. Instructions, required labels and clear bags are on the top of the bin. You are asked to complete the label, place item and label both inside the provided clear bag, tie it securely and place inside the bin.

Please ensure that you are using this process for all items entering the home, even when family will be washing the clothing off site.

Welcome Marva Griffiths Interim Executive Director

Marva's experience in long term care goes back many years, in the capacity of Executive Director or Administrator as it was then known.

Marva has been with Southbridge, for over 10 years as an Executive Director and for the past 4 years in the capacity of Senior Executive Director for Southbridge.

Her role offers support to Southbridge homes, in guidance, consulting and general overall operations of the home, and filling the role of Executive Director as the situation dictates.

She firmly believes in "Open Door Policy", so if at any time you are in the home, please drop by and introduce yourself. Getting to know our residents and families is one of her priorities.

Marva looks forward to working with our staff, our residents and families to ensure that we are focused on a quality delivery of care and services, for all.

Please come by.

Always In Our Hearts



Marjorie B.

June 5th, 1937 - October 31st, 2023

Albert G.

October 10th, 1940 - November 6th, 2023

Peggy H.

August 14th, 1930 - November 11th, 2023

Jack G.

August 29th, 1941 - November 25th, 2023



**Lee A.
Inez M.
Cecile B.
Leslie M.
Harland V.
Gail W.
Iris L.
Madeleine M.
Stephen M.
Jack G.
Bob S.**

Family Council Meeting

Wednesday December 13th, @ 7:00 PM



**All family members & friends
are encouraged to attend!**

**For further information &
questions, please reach out to
Stuart Prevost:
stuprevost@bell.net**

Happy December Birthdays to...

**Happy 88th Birthday
Joe L.
December 4th**

**Happy 94th Birthday
Gilles B.
December 9th**

**Happy 88th Birthday
Peter M.
December 10th**

**Happy 98th Birthday
Peter M.
December 14th**

**Happy 86th Birthday
Peder N.
December 14th**

**Happy 79th Birthday
Claire R.
December 14th**

**Happy 80th Birthday
Gisele G.
December 15th**

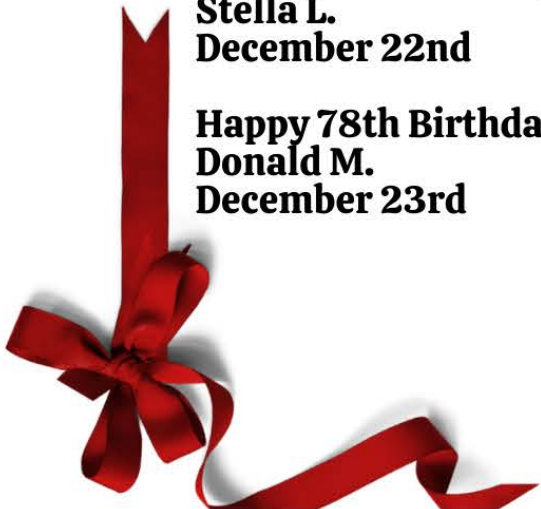
**Happy 91st Birthday
Stella L.
December 22nd**

**Happy 78th Birthday
Donald M.
December 23rd**

**Happy 99th Birthday
Elizabeth B.
December 28th**

**Happy 85th Birthday
Terry S.
December 28th**

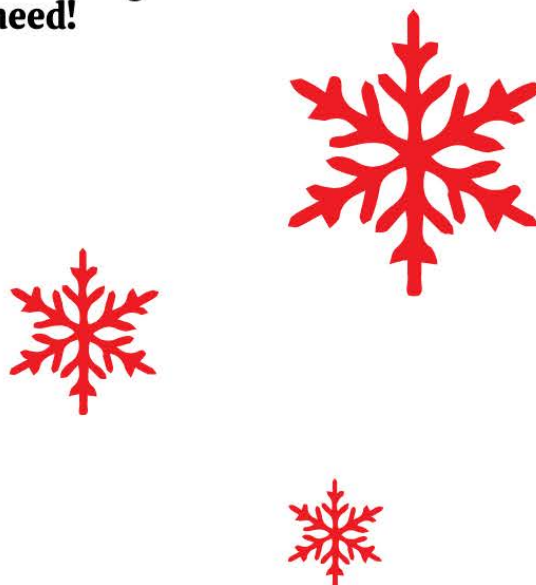
**Happy 75th Birthday
Helene A.
December 30th**





Southbridge Cornwall Welcomes Natasha & Jennifer to The Leadership Team

Southbridge Cornwall welcomes Natasha Carriere to the Leadership Team as our Resident Services Coordinator. Natasha is SO excited to become part of the leadership team. She had the privilege of being an activity aide at Southbridge Cornwall for the past year and a half, getting to know our resident's stories, their families, and histories. She is looking forward to working hard to ensure our residents and families have all the support they need!



Greetings! I'd like to take this opportunity to thank you all for welcoming me to the Southbridge Team. My name is Jennifer and I am the new Director of Clinical Skills for Southbridge Care Home Cornwall. I started my career in medical administration, serving the community at various clinics. I moved on to becoming a Registered Practical Nurse; I was fortunate to work with a dedicated team on the psychiatric unit at the Cornwall Community Hospital, where I was able to provide care in times of crisis, and support individuals and families through challenging situations. During the past year, I was able to provide bilingual nursing services to clients in their homes, and work to empower individuals and their families to feel more confident in managing their care. I am very excited to start my journey with the Dynamic Southbridge Team and meet all of you, the residents and your family and friends!

*Merry
Christmas*



Southbridge Cornwall Professional Care Team

Marva Griffiths - Executive Director
mgriffiths@southbridgecare.com

Chelsea Pecore - Director of Care
cpecore@southbridgecare.com

Sarah Walker - Director of Quality & Risk
swalker@southbridgecare.com

Jennifer Lalonde - Director of Clinical Services
jlalonde@southbridgecare.com

Ashley Mark - Director of Life Enrichment
amark@southbridgecare.com

Natasha Carriere - Resident Services Coordinator
ncarriere@southbridgecare.com

Robbie Tremblay - Food Services Manager
rtremblay@southbridgecare.com

Nidhin George - Office Manager
ngeorge@southbridgecare.com

Kathy Oberg - Receptionist/Nursing Unit Clerk
koberg@southbridgecare.com

Sandra Fillion - Scheduler/Nursing Unit Clerk
sfillion@southbridgecare.com

David Viau - Scheduler/Nursing Unit Clerk
dviau@southbridgecare.com

Stan Andrews - IPAC Lead
sandrews@southbridgecare.com

Kim Harrop - RAI Coordinator
kharrop@southbridgecare.com

Richard Pitcher - Chaplain
rpitcher@southbridgecare.com

Mona Burrows - Nurse Practitioner
mburrows@southbridgecare.com

Dr. Cook - Medical Director

Adel Hana - Physiotherapist

Residents' Council Resident Leaders

Krystyna F.

Peter M.

Estelle S.

Margaret A.

Sue D.

Garfield D.

Marilyn H.

Larry M.

**Natasha Carriere -
Residents' Council Assistant**

**Meetings are held monthly and included on
our calendar.**

All Residents are encouraged to attend!

